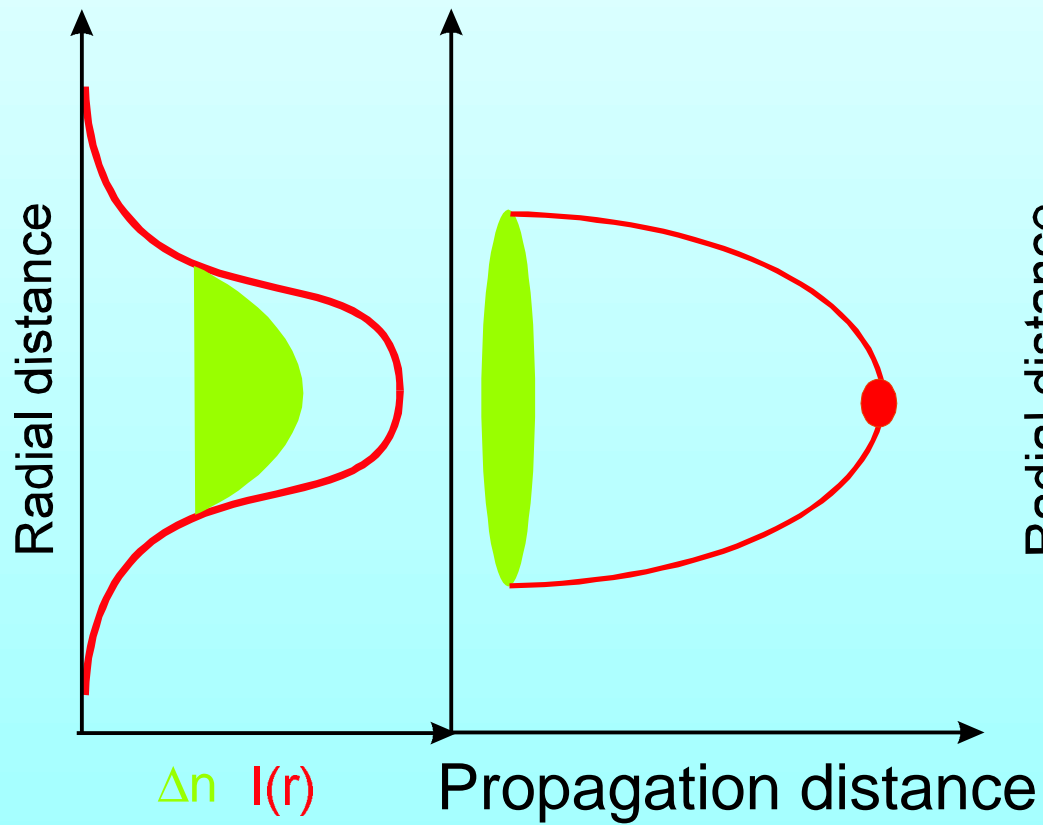


Mechanism for channel formation

Kerr effect focuses

$$\Delta n = n_2 I$$



Ionization defocuses

$$\Delta n = - N_e(I) / 2N_{\text{crit}}$$

